

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 52: Range of Minutes Exercised by Children on a Typical Weekday (Diary Sample)

Did you/your child exercise or (were you)/(was he/she) physically active any time during this part of the day (morning, afternoon, evening)?

Number of minutes you/your child spent doing each exercise or activity.

How vigorously did you/your child participate in this exercise or activity?

| | Average Minutes of Light, Moderate, and Vigorous Physical Activity, Percent of Children | | |
|--------------------------|--|--------------|------------|
| | <30 | 30-59 | ≥60 |
| Total | 14 | 24 | 61 |
| Gender | | | |
| Males | 11 | 22 | 67 |
| Females | 17 | 26 | 56 |
| Ethnicity | | | |
| White | 11 | 26 | 64 |
| African American | 30 | 13 | 58 |
| Latino | 15 | 24 | 61 |
| Asian/Other | 16 | 29 | 55 |
| Income | | | |
| ≤\$19,999 | 18 | 22 | 61 |
| 20,000 - \$49,999 | 11 | 27 | 61 |
| ≥\$50,000 | 16 | 23 | 62 |
| School Type | | | |
| Public | 14 | 23 | 63 |
| Other | 17 | 34 | 49 |
| Overweight Status | | | |
| Not at Risk | 13 | 22 | 65 |
| At Risk/Overweight | 15 | 24 | 60 |
| Food Stamps | | | |
| Yes | 17 | 24 | 59 |
| No | 14 | 24 | 62 |
| Physical Activity | | | |
| ≥60 minutes | N/A | N/A | N/A |
| <60 minutes | N/A | N/A | N/A |
| School Breakfast | | | |
| Yes | 14 | 21 | 65 |
| No | 14 | 25 | 61 |
| School Lunch | | | |
| Yes | 15 | 26 | 59 |
| No | 13 | 22 | 65 |
| Nutrition Lesson | | | |
| Yes | 12 | 23 | 66 |
| No | 18 | 26 | 55 |
| Exercise Lesson | | | |
| Yes | 14 | 23 | 63 |
| No | 15 | 26 | 59 |

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 53: Minutes of Light, Medium, Hard and Total Physical Activity on a Typical Weekday (Diary Sample)

Number of minutes you/your child spent doing each exercise or activity.
How vigorously did you/your child participate in this exercise or activity?

| | Level of Physical Activity in Minutes, Mean | | | Total Minutes, Mean |
|--------------------------|---|-----------|-----------|---------------------|
| | Light | Moderate | Hard | |
| Total | 16 | 29 | 36 | 82 |
| Gender | | | | |
| Males | 16 | 30 | 43 *** | 89 *** |
| Females | 17 | 28 | 30 | 75 |
| Ethnicity | | | | |
| White | 17 | 32 | 35 | 84 |
| African American | 11 | 30 | 35 | 76 |
| Latino | 18 | 26 | 37 | 81 |
| Asian/Other | 13 | 27 | 36 | 76 |
| Income | | | | |
| ≤\$19,999 | 19 | 25 | 39 | 83 |
| 20,000 - \$49,999 | 17 | 29 | 35 | 81 |
| ≥\$50,000 | 14 | 31 | 36 | 81 |
| School Type | | | | |
| Public | 17 * | 29 | 36 | 82 |
| Other | 11 | 28 | 37 | 76 |
| Overweight Status | | | | |
| Not at Risk | 16 | 31 | 37 | 85 |
| At Risk/Overweight | 17 | 26 | 37 | 81 |
| Food Stamps | | | | |
| Yes | 19 | 24 | 32 | 75 |
| No | 16 | 30 | 37 | 83 |
| Physical Activity | | | | |
| >60 minutes | N/A | N/A | N/A | N/A |
| <60 minutes | N/A | N/A | N/A | N/A |
| School Breakfast | | | | |
| Yes | 23 ** | 29 | 37 | 89 |
| No | 15 | 29 | 36 | 80 |
| School Lunch | | | | |
| Yes | 17 | 27 * | 35 | 78 * |
| No | 15 | 33 | 39 | 87 |
| Nutrition Lesson | | | | |
| Yes | 16 | 31 | 40 * | 87 ** |
| No | 16 | 26 | 31 | 74 |
| Exercise Lesson | | | | |
| Yes | 16 | 29 | 37 | 83 |
| No | 16 | 28 | 35 | 79 |

A box around a group of numbers signifies that differences observed within this group are statistically significant.

ANOVA

* p<.05

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 54: Percentage of Children Who Met Physical Activity Recommendation on a Typical Weekday (Diary Sample)

Number of minutes you/your child spent doing each exercise or activity.
How vigorously did you/your child participate in this exercise or activity?

| | Minutes of Moderate and Vigorous Physical Activity, Percent of Children | |
|--------------------------|---|-----------|
| | <60 | ≥60 |
| Total | 54 | 46 |
| Gender | | |
| Males | 49 | 51 |
| Females | 59 | 41 |
| Ethnicity | | |
| White | 52 | 48 |
| African American | 49 | 51 |
| Latino | 56 | 44 |
| Asian/Other | 58 | 42 |
| Income | | |
| ≤\$19,999 | 57 | 43 |
| 20,000 - \$49,999 | 54 | 46 |
| ≥\$50,000 | 54 | 46 |
| School Type | | |
| Public | 54 | 46 |
| Other | 59 | 41 |
| Overweight Status | | |
| Not at Risk | 51 | 49 |
| At Risk/Overweight | 58 | 42 |
| Food Stamps | | |
| Yes | 59 | 41 |
| No | 53 | 47 |
| Physical Activity | | |
| ≥60 minutes | N/A | N/A |
| <60 minutes | N/A | N/A |
| School Breakfast | | |
| Yes | 54 | 46 |
| No | 54 | 46 |
| School Lunch | | |
| Yes | 58 | 42 |
| No | 48 | 52 |
| Nutrition Lesson | | |
| Yes | 50 | 50 |
| No | 60 | 40 |
| Exercise Lesson | | |
| Yes | 53 | 47 |
| No | 56 | 44 |

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 55: Mode of Transportation to and from School
on a Typical School Day

| Transportation Mode <u>to</u> School | Average Percent |
|--|-----------------|
| Car/carpool | 64 |
| School bus | 15 |
| Walk | 19 |
| Bicycle | 2 |
| Transportation Mode <u>from</u> School | Average Percent |
| Car/carpool | 55 |
| School bus | 16 |
| Walk | 26 |
| Bicycle | 2 |

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 56: Percentage of Children Who Reported Walking to School on a Typical Weekday (Diary Sample)

What was the primary way you/your child got to school today?

| | Children Who Walked to School, Average Estimated Percent ¹ | |
|--------------------------|--|-----|
| Total | 19 | |
| Gender | | |
| Males | 20 | |
| Females | 18 | |
| Ethnicity | | |
| White | 18 | |
| African American | 20 | |
| Latino | 21 | |
| Asian/Other | 13 | |
| Income | | |
| ≤\$19,999 | 39 ^b | *** |
| 20,000 - \$49,999 | 18 ^a | |
| ≥\$50,000 | 12 ^a | |
| School Type | | |
| Public | 21 | *** |
| Other | 6 | |
| Overweight Status | | |
| Not at Risk | 18 | |
| At Risk/Overweight | 20 | |
| Food Stamps | | |
| Yes | 36 | *** |
| No | 16 | |
| Physical Activity | | |
| ≥60 minutes | 16 | * |
| <60 minutes | 21 | |
| School Breakfast | | |
| Yes | 31 | ** |
| No | 17 | |
| School Lunch | | |
| Yes | 24 | *** |
| No | 11 | |
| Nutrition Lesson | | |
| Yes | 21 | |
| No | 16 | |
| Exercise Lesson | | |
| Yes | 19 | |
| No | 18 | |

¹ Participants get one point for walking to school on day 1 and one point for day 2. The mean of the two-day score is presented. The average estimated percent ranges from 0-1.

Excludes those reporting "other" and "home school."

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

**Table 57: Percentage of Children Who Reported Walking Home
from School on a Typical Weekday (Diary Sample)**

What was the primary way you/your child got home from school today?

| | Children Who Walked Home from School, Average Estimated Percent ¹ |
|--------------------------|---|
| Total | 26 |
| Gender | |
| Males | 28 |
| Females | 24 |
| Ethnicity | |
| White | 22 ^a * |
| African American | 24 ^{ab} |
| Latino | 32 ^b |
| Asian/Other | 22 ^{ab} |
| Income | |
| ≤\$19,999 | 45 ^c *** |
| 20,000 - \$49,999 | 26 ^b |
| ≥\$50,000 | 18 ^a |
| School Type | |
| Public | 29 *** |
| Other | 7 |
| Overweight Status | |
| Not at Risk | 26 |
| At Risk/Overweight | 27 |
| Food Stamps | |
| Yes | 43 ** |
| No | 24 |
| Physical Activity | |
| ≥60 minutes | 22 * |
| <60 minutes | 30 |
| School Breakfast | |
| Yes | 43 *** |
| No | 23 |
| School Lunch | |
| Yes | 31 *** |
| No | 17 |
| Nutrition Lesson | |
| Yes | 29 * |
| No | 22 |
| Exercise Lesson | |
| Yes | 27 |
| No | 25 |

¹ Participants get one point for walking home from school on day 1 and one point for day 2. The mean of the two-day score is presented. The average estimated percent ranges from 0-1.

Excludes those reporting "other" and "home school."

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 58: Percentage of Children Using a Physically Active Mode of Transportation¹ to and from School on a Typical Weekday (Diary Sample)

What was the primary way you/your child got to school today?

What was the primary way you/your child got home from school today?

| | Children Using a Physically Active Mode of Transportation to and from School, Average Estimated Percent ² | |
|--------------------|--|-----|
| Total | 20 | |
| Gender | | |
| Males | 22 | |
| Females | 18 | |
| Ethnicity | | |
| White | 20 | |
| African American | 20 | |
| Latino | 21 | |
| Asian/Other | 16 | |
| Income | | |
| ≤\$19,999 | 38 ^b | *** |
| 20,000 - \$49,999 | 18 ^a | |
| ≥\$50,000 | 15 ^a | |
| School Type | | |
| Public | 22 | *** |
| Other | 6 | |
| Overweight Status | | |
| Not at Risk | 20 | |
| At Risk/Overweight | 20 | |
| Food Stamps | | |
| Yes | 36 | ** |
| No | 18 | |
| Physical Activity | | |
| ≥60 minutes | 18 | |
| <60 minutes | 22 | |
| School Breakfast | | |
| Yes | 30 | ** |
| No | 18 | |
| School Lunch | | |
| Yes | 24 | *** |
| No | 13 | |
| Nutrition Lesson | | |
| Yes | 21 | |
| No | 19 | |
| Exercise Lesson | | |
| Yes | 20 | |
| No | 20 | |

¹ Physically active modes of transportation include walking and bicycling.

² Participants get one point for walking or biking to and from school on day 1 and one point for day 2. The mean of the two-day score is presented. The average estimated percent ranges from 0-1.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

ANOVA

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 59: Comparison of the Frequency and Amount of Time Spent in School Physical Education Classes Between Children Reporting Any PE and All Children (Phone Sample)

Not including recess, during your most recent school year, did you have any PE or gym classes that were taught by a teacher, coach, athletic instructor or some other type of adult teacher?

About how often did you have to attend gym or physical education class?

Thinking of a typical gym or PE class, for about how many minutes did the each of these classes last when you had it [insert frequency of PE classes]?

| | Times Per Week Children Reported Having Physical Education Classes, Percent | | | | PE Classes Per Week, Mean | Time Spent in PE Class, Mean Minutes |
|---|---|-----|-----|----|---------------------------|--------------------------------------|
| | <1 | 1-2 | 3-4 | 5+ | | |
| Children Reporting Any PE Classes Only | 5 | 49 | 24 | 22 | 2.7 | 40 |
| Across All Children | 21 | 40 | 20 | 18 | 2.3 | 33 |

Excludes those reporting "not sure" if had PE; "don't know" how often had PE; and "don't know" how many minutes of PE.

Rows may not add up to 100% due to rounding.

California Department of Health Services: June 2004

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 60: Frequency and Amount of Time Spent in School Physical Education Classes by California Children (Phone Sample)

Not including recess, during your most recent school year, did you have any PE or gym classes that were taught by a teacher, coach, athletic instructor or some other type of adult teacher?

About how often did you have to attend gym or physical education class?

Thinking of a typical gym or PE class, for about how many minutes did the each of these classes last when you had it [insert frequency of PE classes]?

| | PE Classes Per Week, Mean | Time Spent in PE Class, Mean Minutes |
|--------------------------|------------------------------|---|
| Total | 2.3 | 33 |
| Gender | | |
| Males | 2.2 | 33 |
| Females | 2.3 | 33 |
| Ethnicity | | |
| White | 2.0 | 35 ^b ** |
| African American | 2.5 | 40 ^b |
| Latino | 2.5 | 28 ^a |
| Asian/Other | 2.3 | 38 ^b |
| Income | | |
| ≤\$19,999 | 2.5 | 29 ^a * |
| 20,000 - \$49,999 | 2.2 | 31 ^{ab} |
| ≥\$50,000 | 2.2 | 36 ^b |
| School Type | | |
| Public | 2.3 | 33 |
| Other | 2.2 | 37 |
| Overweight Status | | |
| Not at Risk | 2.2 | 31 * |
| At Risk/Overweight | 2.4 | 36 |
| Food Stamps | | |
| Yes | 1.5 ** | 24 * |
| No | 2.3 | 34 |
| Physical Activity | | |
| ≥60 minutes | 2.7 *** | 36 ** |
| <60 minutes | 1.8 | 30 |
| School Breakfast | | |
| Yes | 2.2 | 34 |
| No | 2.3 | 33 |
| School Lunch | | |
| Yes | 2.1 ** | 29 *** |
| No | 2.6 | 40 |
| Nutrition Lesson | | |
| Yes | 2.5 ** | 36 ** |
| No | 1.9 | 29 |
| Exercise Lesson | | |
| Yes | 2.4 * | 34 |
| No | 2.0 | 31 |

Excludes those reporting "not sure" if had PE; "don't know" how often had PE; and "don't know" how many minutes of PE.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

**Table 61: Minutes Spent on Sedentary Activities on a Typical Weekday:
Television, Video Games and Computer for Fun (Diary Sample)**

How many minutes did you/your child watch TV/videos for fun or play computer games or play video games for fun during each of the three major parts of the day?

| | Minutes Spent Watching TV or Playing Video/Computer Games, Mean ¹ | Met Healthy People 2010 Guideline for 2 or Fewer Hours of Sedentary Activity, Percent ² |
|--------------------------|---|---|
| Total | 88 | 76 |
| Gender | | |
| Males | 88 | 74 |
| Females | 87 | 77 |
| Ethnicity | | |
| White | 82 ^a * | 78 |
| African American | 111 ^b | 69 |
| Latino | 92 ^{ab} | 73 |
| Asian/Other | 79 ^a | 77 |
| Income | | |
| ≤\$19,999 | 109 ^b *** | 69 |
| 20,000 - \$49,999 | 93 ^b | 74 |
| ≥\$50,000 | 74 ^a | 79 |
| School Type | | |
| Public | 92 *** | 73 *** |
| Other | 61 | 91 |
| Overweight Status | | |
| Not at Risk | 81 *** | 79 ** |
| At Risk/Overweight | 101 | 69 |
| Food Stamps | | |
| Yes | 124 *** | 64 ** |
| No | 83 | 77 |
| Physical Activity | | |
| ≥60 minutes | 84 | 77 |
| <60 minutes | 91 | 74 |
| School Breakfast | | |
| Yes | 102 * | 69 |
| No | 85 | 77 |
| School Lunch | | |
| Yes | 93 ** | 74 |
| No | 78 | 78 |
| Nutrition Lesson | | |
| Yes | 82 ** | 79 ** |
| No | 96 | 71 |
| Exercise Lesson | | |
| Yes | 85 | 76 |
| No | 93 | 74 |

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

¹ ANOVA

² Chi Square Test

* p<.05

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 62: Amount of Physical Activity Children Believed They Needed for Good Health (Phone Sample)

About how many times each week should you exercise or be physically active for at least 30 minutes at a time?

| | Physical Activity Believed Needed, Percent of Children | | | |
|--------------------------|---|-----------|-----------|-----------|
| | 1-2 | 3-4 | 5-6 | 7+ |
| Total | 14 | 31 | 18 | 38 |
| Gender | | | | |
| Males | 16 | 26 | 16 | 41 |
| Females | 11 | 35 | 19 | 35 |
| Ethnicity | | | | |
| White | 11 | 27 | 19 | 43 |
| African American | 28 | 7 | 20 | 45 |
| Latino | 15 | 36 | 14 | 35 |
| Asian/Other | 10 | 39 | 25 | 26 |
| Income | | | | |
| ≤\$19,999 | 10 | 35 | 9 | 46 |
| 20,000 - \$49,999 | 15 | 30 | 22 | 33 |
| ≥\$50,000 | 14 | 29 | 19 | 38 |
| School Type | | | | |
| Public | 13 | 33 | 17 | 37 |
| Other | 19 | 15 | 24 | 41 |
| Overweight Status | | | | |
| Not at Risk | 15 | 30 | 21 | 34 |
| At Risk/Overweight | 11 | 33 | 13 | 42 |
| Food Stamps | | | | |
| Yes | 13 | 19 | 10 | 57 |
| No | 14 | 32 | 19 | 36 |
| Physical Activity | | | | |
| ≥60 minutes | 12 | 28 | 19 | 40 |
| <60 minutes | 14 | 33 | 17 | 36 |
| School Breakfast | | | | |
| Yes | 15 | 29 | 23 | 34 |
| No | 13 | 31 | 17 | 38 |
| School Lunch | | | | |
| Yes | 14 | 36 | 14 | 36 |
| No | 12 | 23 | 24 | 41 |
| Nutrition Lesson | | | | |
| Yes | 13 | 24 | 21 | 42 |
| No | 14 | 42 | 13 | 31 |
| Exercise Lesson | | | | |
| Yes | 14 | 25 | 23 | 39 |
| No | 12 | 44 | 8 | 36 |

Excludes those reporting "don't know."

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 63: Percentage of Children Who Played Sports Outside of Physical Education Classes (Phone Sample)

During the past year, have you taken any type of sports lesson, sports class or played on a sports team that was not part of your school PE or gym class or not?

| | Children Who Played Sports Outside of PE, Percent |
|--------------------------|--|
| Total | 55 |
| Gender | |
| Males | 58 |
| Females | 52 |
| Ethnicity | |
| White | 61 * |
| African American | 63 |
| Latino | 44 |
| Asian/Other | 62 |
| Income | |
| ≤\$19,999 | 48 * |
| 20,000 - \$49,999 | 49 |
| ≥\$50,000 | 63 |
| School Type | |
| Public | 54 |
| Other | 63 |
| Overweight Status | |
| Not at Risk | 58 |
| At Risk/Overweight | 50 |
| Food Stamps | |
| Yes | 39 |
| No | 56 |
| Physical Activity | |
| ≥60 minutes | 65 *** |
| <60 minutes | 46 |
| School Breakfast | |
| Yes | 48 |
| No | 56 |
| School Lunch | |
| Yes | 52 |
| No | 60 |
| Nutrition Lesson | |
| Yes | 63 *** |
| No | 42 |
| Exercise Lesson | |
| Yes | 61 *** |
| No | 42 |

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

*** p<.001

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 64: Top Ten Most Common Forms of Exercise or Physical Activity per Typical Weekday for All Occasions (Diary Sample)

Type of exercise, physical activity, or sports in which you/your child participated during this part of the day (morning, afternoon, evening).

| Rank | State Total | Boys | Girls |
|------|-------------------------------|---------------------------|-------------------------------------|
| 1st | walking | basketball | running/jogging |
| 2nd | running/jogging | walking | walking |
| 3rd | basketball | running/jogging | general recess |
| 4th | general recess | baseball | playground games |
| 5th | baseball | bicycling | playground equipment ⁴ |
| 6th | bicycling | general recess | bicycling |
| 7th | playground games ¹ | soccer | general P.E./P.E. time |
| 8th | general play ² | general play | basketball |
| 9th | general P.E./P.E. time | kickball | skating/roller blading ⁵ |
| 10th | soccer | calisthenics ³ | calisthenics |

| Rank | White | African-American | Latino | Asian/Other |
|------|------------------------|---------------------------------|------------------|------------------------|
| 1st | walking | running/jogging | walking | playground games |
| 2nd | running/jogging | basketball | running/jogging | basketball |
| 3rd | basketball | walking | basketball | walking |
| 4th | general recess | calisthenics | baseball | running/jogging |
| 5th | bicycling | handball | bicycling | bicycling |
| 6th | playground equipment | soccer | general recess | tag ⁶ |
| 7th | baseball | kickball | calisthenics | general P.E./P.E. time |
| 8th | general P.E./P.E. time | skating/roller blading | general play | baseball |
| 9th | soccer | general P.E./P.E. time | soccer | general recess |
| 10th | general play | playground games & general play | playground games | handball |

¹ Playground games include hopscotch, four-square, tetherball, etc.

² General play includes tree climbing, playing with the dog, etc.

³ Calisthenics includes jumping jacks, push-ups, stretching, etc.

⁴ Playground equipment includes swings, see-saw, bars, slide, etc.

⁵ Skating/roller blading includes ice skating, roller skating, in-line skating, roller blading, etc.

⁶ Tag includes tag, capture the flag, hide and seek, etc.

Shaded boxes were tied for a ranking.

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 65: Frequency of School Physical Education Classes by Average Minutes of Physical Activity (Phone Sample)

About how often did you have to attend gym or physical education class?
Number of minutes you/your child spent doing each exercise or activity.

| Physical Education Classes | Percent | Mean Minutes of Physical Activity |
|-------------------------------|---------|--------------------------------------|
| Times per week | | |
| None | 17 | 69 ^{ab} *** |
| ≤ 1 | 19 | 66 ^a |
| 2 | 26 | 93 ^{bc} |
| 3-4 | 20 | 96 ^c |
| 5 | 18 | 91 ^{bc} |

Excludes those reporting "don't know" how often.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

*** p<.001

California Department of Health Services: June 2004